



Odile Viltart

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Physical Activity in Anorexia Nervosa: Link with Anxiety? Inputs from Animal Models.

28 September 2026 | 16-17h | WKZ Auditorium - UMCU

The group of Odile Viltart focuses on eating disorders, with a particular interest in Anorexia Nervosa (AN). Through a translational research approach combining animal models of chronic food restriction with studies in patients diagnosed with AN, she aims to better understand the complex mechanisms underlying the disorder. By integrating behavioural, physiological, and clinical measures, her work investigates potential biomarkers associated with the progression and severity of AN. In this seminar, she will explore the relationship between physical activity and anxiety in AN, with particular insights from animal models.

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